

SHRI R. P. HO. P.
N. R. HO. P.
ESRS No. 62948
17/11/17

NORTHERN RAILWAYS

Medical Department,
Headquarters Office,
Baroda House,
New Delhi.

NO:- 43-Med/H&FW/Health Education.

Dated 29.12.2016

- 1) The Divisional Railway Manager/Northern Railway/ DLI, FZR, LKO, MB & UMB.
- 2) CAO/C K.Gate DLI, CAO/C USBRL/Satyam Complex, Trikuta Ngr/JAT
- 3) CWM/SSB, LKO/CB, JUDW, ALAMBAG/LKO, DY.CE/BW/JRC, LKO, AMV- LKO & ASR, CWM/Signal Work Shop/GZB
- 4) Medical Director/NRCH/NDLS
- 5) CMS/NR/DLI, FZR, LKO, MB, UMB & JUDW
- 6) Principal, Oak Groove School, Jharipani (Mussoorie, Uttrakhand-248152), S&T Training Centre/GZB, ZTC/CH
- 7) Managing Director/RAILTEL, 143, Institutional Area Sector-44 Gurgaon- 122003 (Haryana).
- 8) Managing Director IRCTC, B-148, 11th Floor Statesman House, Barakhamba Road New Delhi -110001
- 9) Managing Director RITES, Rites Bhawan, Sector 29, Block No.1 Gurgaon- 122001 (Haryana)
- 10) Managing Director Container Corporation of India, CONCOR Bhawan C-3 Mathura Road, Opp. Apollo Hospital, New Delhi-110076
- 11) Managing Director CRIS, Chankayapuri, Shanti Path New Delhi-110021
- 12) Managing Director /IRCON, C-4 District Centre, Janak puri New Delhi-11017
- 13) General Secy/NRMU, 12 Chelmsford Road/New Delhi
- 14) General Secy/URMU/166/2, P.K. Road/New Delhi
- 15) General Secy/AIOBC, Rly. Emp. Asso. 171-A-3, Basant Lane/New Delhi.
- 16) General Secy/AISC/ST Rly. Emp. Asso. White House, NDCR Complex, S.E. Rd. New Delhi
- 17) General Secy/NRPOA, Room No.302, Baroda House, New Delhi
- 18) General Secy/NROA, Room No.301 Baroda House, New Delhi
- 19) IRPMU/CAO/Shivaji Bridge New Delhi, CAO/COFMOW/Tilak Bridge, New Delhi
- 20) Secy/NZRE, Baroda House, New Delhi

Sub: -Safe & Nutritious Food (SNF):- A Way of Life.

Food Safety and Standards Authority of India (FSSAI) has been created for laying down science based standards for articles of food and to regulate their manufacture, storage, distribution, sale and import to ensure availability of safe and wholesome food for human consumption.

Good food hygiene is essential to ensure that the food you and your family eats is safe. Poor hygiene procedures in your homes, canteens, base kitchens, etc., can put you at risk. Harmful germs that cause food poisoning can spread very easily, so you need to make sure that you do everything you can to prevent this.

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Food hygiene is the action taken to ensure that food is handled, stored, prepared and served in such a way, and under such conditions, as to prevent – as far as possible – the contamination of food. Food hygiene means keeping premises, staff and equipment clean and handling and storing food safely.

'Safe and Nutritious Food (SNF)- A Way of Life' has been introduced by FSSAI as a bouquet of initiatives for Citizen's Guidance and Behavioural Change. This bouquet consists of SNF@Home, SNF@School, SNF@Workplace, SNF@When Eating Out.

This 360-degree approach to food safety and healthy nutrition to prevent food borne infections and diseases and for complete nutrition for citizen everywhere at all times is the core of food safety.

In this connection, it is requested to disseminate two handouts amongst all concerned in order to create awareness and speed up efforts to prevent food borne infections and diseases and for complete nutrition amongst Railway Population. Efforts should be made to widely disseminate key messages for 'Safe & Nutritious Food(SNF)- A Way of Life'

Action taken in this regard may please be informed at the earliest.

(Signature)
29-12-16

(Dr. Rajiv Kumar Jain)
Addl. Chief Medical Director
(Health & Family Welfare)
&
Joint Food Safety Commissioner
Northern Railway

Copy for information and necessary action to the following:-

- 1) Secy.to GM for kind information of GM.
- 2) Secy.to AGM for kind information of AGM.
- 3) Advisor/Health/Railway Board, Rail Bhavan New Delhi.
- 4) ✓ CPO, CME, CCM, CCM/PS, COM, PCE, CE, CSTE, CSC, CEE, COS, CPRO, FA&CAO FA&CAO/C, CSO, SDGM, Dy.GM (Law), Dy.GM (G).

fssai



FOOD SAFETY AND STANDARDS
AUTHORITY OF INDIA

Inspiring Trust, Assuring Safe & Nutritious Food

Safe & Nutritious Food (SNF) - A Way of Li

SNF@Home
www.fssai.gov.in/snfathome

SNF@School
www.fssai.gov.in/snfatschool

Safe & Nutritious Food (SNF)
A Way of Life

SNF@Workplace
www.fssai.gov.in/snfatworkplace

SNF@When Eating Out
www.fssai.gov.in/servesafe

FORTIFIED
SAMPOORNA POSHAN
SWASTH JEEVAN

A Bouquet of Initiatives for Citizens Guidance and Behavioural Change

360-degree approach to food safety and healthy nutrition to prevent food borne infections and diseases and for

