

NORTHERN RAILWAY

Headquarters Office,
Baroda House,
New Delhi

No.752E/712-A. Phy. O-Pt.II/EiA

Dated 22.09.2014

1. The Chief Medical Director/NR/HQ/Baroda House, New Delhi
2. The General Managers, Chief Personnel Officers & Chief Medical Directors,
CR/CST-Mumbai, ER/17-Netaji Subhash Road/Kolkata,
ECR/Hazipur, EcoR/Rail Vihar/Bhubneshwar,
NCR/Civil Lines/Allahabad, NER/Gorakhpur, NFR/Maligaon/Guwahati,
NWR/Opp. Rly. Hospital/Jaipur, SR/Park Town/Chennai, SCR/Rail Nilayam/
Secunderabad, SECR/Bilaspur, SER/11-Garden Reach/Kolkata, ,
SWR/Hubli, WR/Church Gate/Mumbai, WCR/Core Complex Office/Indra
Market, Jabalpur, RDSO/LKO, DLW/BSB, CLW/Chittaranjan, ICF/Chennai,
DMW/Patiala, RCF/KXH, Metro Rail/Kolkata, RWF/Bangalore,
3. The Secretary, Railway Board, New Delhi.
4. Medical Director/Northern Railway/Central Hospital/New Delhi
5. DRM & CMS/Northern Railway/DLI, FZR, LKO, MB & UMB and CWM &
ACMS/JUDW

Sub: - Selection for promotion from Gr. 'C' to Gr. 'B' post of Asstt. Physiotherapy Officer in PB-2 Rs.9300-34800+4800 (GP) for the assessment period from 01.04.13 to 31.03.15 in Medical Department on Indian Railways – Written test scheduled on 28.10.2014

1. In pursuance of instructions contained in Railway Board's letter No.PC-V/97/1/11/12 dated 08.04.99, No.E (GP)/99/2/69 dated 30.11.99, No.E (GP)/2004/2/73 dated 02.02.05 & No.99/E (GRR)/1/2 dated 13.06.08, it has been decided to hold selection for promotion from Gr. 'C' to Gr. 'B' posts of Assistant Physiotherapy Officer in PB-2 Rs.9300-34800+4800 (GP) for filling up 04 vacancies (SC=01, ST=01 & UR=02) for the assessment period from 01.04.13 to 31.03.15. Further, in pursuance of instructions contained in Note-I under Annexure (Category: Physiotherapists) of the Railway Board's letter No.PC-V/97/1/11/12 dated 08.04.99 & No.2003/E (GP) 10-7(46) dated 26.02.04, the said Group 'B' posts of Assistant Physiotherapy Officers are floating in nature.

ELIGIBILITY (As on 01.04.13)

2. The following Gr. 'C' employees of Medical Department are hereby invited to appear in the written test: -

S No	Name (S/Shri)	Designation	Railway
1	Ram Prakash (SC)	Physiotherapist Gr-I	NER
2	Sanjay Tripathi	Physiotherapist Gr-I	NER
3	K M Enoch Emulam	Physiotherapist Gr-I	SCR

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4	Ashok Kumar Bandhopadhyay	Physiotherapist Gr-I	SER
5	Rajendra Kumar Sinha	Physiotherapist Gr-I	DLW
6	Madhukar M Raut (SC)	Physiotherapist Gr-I	WR
7	Arindam Chatterjee	Physiotherapist Gr-I	CLW
8	Adhar Ch Manna	Physiotherapist Gr-I	CLW
9	Surender Kumar	Physiotherapist Gr-I	NCR
10	Avinash Ch Arora	Physiotherapist Gr-I	NR/DRM/DLI
11	Amitava Basu	Physiotherapist Gr-I	ER
12	Mrs Z M Sheikh	Physiotherapist Gr-I	WR
13	Shailendra Kr Pandey	Physiotherapist Gr-I	DMW/PTA
14	M. Giridharan	Physiotherapist Gr-I	SR
15	Ahalya Balu	Physiotherapist Gr-I	SWR
16	Geeta Benjar (ST)	Physiotherapist Gr-I	ER
17	Dilip Kumar (SC)	Physiotherapist Gr-I	ECR

(Total seventeen candidates only)

In pursuance of instructions contained in Railway Board's letter No.E (GP)/87/2/72 dated 11.01.88, circulated under Northern Railway's PS No.9514, the following candidates equal to the number of drop outs from the above candidates, will be allowed to appear in the main written examination on 28.10.2014, if needed be. Hence, the following candidates may be asked to be in readiness that they can be called at short notice to appear in the main written examination on 28.10.2014: -

S No	Name (S/Shri)	Designation	Railway
1	R. N. Mishra	Physiotherapist Gr-I	NR/DRM/LKO
2	P Sumathi	Physiotherapist Gr-I	SR
3	Sudhir Kumar	Physiotherapist Gr-I	ECR
4	V Nirmala Devi	Physiotherapist Gr-I	SR
5	Sanjeev Kumar Mandal (SC)	Physiotherapist Gr-I	NER
6	M Kumar Vel	Physiotherapist Gr-I	SR
7	K Thilagavathy (SC)	Physiotherapist Gr-I	SR
8	A. Palinisamy (ST)	Physiotherapist Gr-I	SR
9	Uthaya Kumar	Physiotherapist Gr-I	SR
10	Anam Anand	Physiotherapist Gr-I	SECR

(Total ten candidates only)

Note: - The final seniority list of above mentioned persons has been circulated vide this office letter No.751-E/10A/Pt.II/CRC/EIIBII dated 25.07.14.

WRITTEN TEST & VIVA-VOCE

3. The written test is scheduled to be held on **28.10.2014 at 10.00 Hrs** in Northern Railway, Headquarters Office, Baroda House, New Delhi. The said written test will comprise of only one paper in terms of the Railway Board's letter No.E (GP) 88/2/111 dated 20.08.91 (circulated under Northern Railway's P. S. No.10493).

4. In compliance of instructions contained in the Board's letter No.E (GP) 80/2/8 dated 31.10.91 (circulated under Northern Railway's PS No.10517), the candidates

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concerned before being allowed to appear in the Viva-Voce test are required to undergo the prescribed standard of Medical Examination in terms of Para 530 (b) of IRMM-Vol-I, Third Edition, 2000. In pursuance of instructions contained in Northern Railway's PS No.11149, the authority conducting Medical Examination should clearly certify whether the candidate concerned is "FIT for Gr. B Gazetted - Non Technical for Medical Department as Assistant Physiotherapy Officer" or otherwise. While examining the candidates, the instructions contained in Board's letter No.99/H/5/3 dated 21.05.99 & 18.12.2K, circulated under this office letter No.807E/473-Pt. 7/EiA dated 11.12.01 may also be kept in view.

WILLINGNESS/UNWILLINGNESS TO APPEAR IN WRITTEN TEST

5. The contents of this notification may be got noted from all the candidates concerned as detailed above (including all the candidates kept in reserved list above) to indicate their willingness or unwillingness to appear in the written test on the proforma enclosed as **ANNEXURE - 'A'** so as to reach to this office latest by **15.10.2014** through the Personnel Department of offices concerned. It is the responsibility of candidates concerned to advise his/her willingness/unwillingness to take part in the written test. Such employees who neither appear for the written examination nor indicate unwillingness will be treated as having availed an opportunity, in terms of instructions as contained in the Board's letter No.E (GP)/87/2/72 dated 11.01.88 (circulated under Northern Railway's PS No.9514).

6. The staff that indicates willingness may be spared to appear in the written test fixed for **28.10.2014**. No candidate may be held back even on administrative ground.

SUPPLEMENTARY WRITTEN TEST

7. If required, a Supplementary Written Test will be held for those candidates who fail to appear in Main Written Test on medical ground provided Railway Doctor concerned gives a certificate (as per instructions contained in Northern Railway's PS No.4000) that he was aware of the facts that the candidate concerned had to appear in the written test on **28.10.2014** read with instructions contained in para 207.1 of IREM-Vol-I (Revised Edition - 1989) First Re-print Edition 2009.

IDENTITY SLIP

8. The candidates concerned may be given an Identity slip, as per **'ANNEXURE - 'B'** of this letter, containing his clear specimen signature & photo affixed thereon. Any candidate reporting without Identity slip will not be allowed to take part in the written examination. On the other hand, it shall also be personal responsibility of the candidate concerned to have obtained identity slip, to be issued by his immediate officer Incharge for the purpose.

PRE-SELECTION COACHING

9. All the SC/ST candidates as detailed above (including the SC/ST candidates kept in reserved list above), are required to be given pre-selection coaching/training as per extant instructions contained in Northern Railway's PS No.10401 & 11513. Further, the Officers-in-charge will be personally responsible to spare the staff for pre-selection

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coaching classes. In case, any SC/ST candidate is not interested for pre-selection coaching/training, it may be ensured that his written refusal has been obtained by the offices concerned and kept in record. All care has been taken to indicate SC/ST status; however, it may also be checked at your end and ensured that no SC/ST candidate is left out from Pre-selection coaching/training.

Controlling officer of Division/Unit may arrange Pre-selection Coaching/training for eligible SC/ST candidates.

10. Please ensure that acknowledgement is obtained from individual candidates well in advance to the effect that complete information i.e. the date of Pre-selection Coaching, date of written test, venue, etc. is communicated to the candidates concerned before Pre-selection Coaching starts.

11. The above mentioned staff/candidates who are on deputation with other departments/ Ministries and have been called to appear in the present selection must be informed well in time by the offices concerned from where they proceeded on deputation and their willingness/unwillingness obtained and sent to this office through Personnel department concerned well within the stipulated period.

SYLLABUS

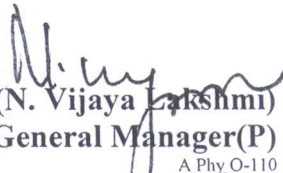
12. In terms of the Railway Board's letter No.E (GP)99/2/80 dated 30.06.2000, the syllabus for written test, for selection to the post of Assistant Physiotherapy Officer (Group 'B') is enclosed herewith as **Annexure 'C'** which may be circulated amongst the above candidates.

13. The willing and eligible candidates are required to bring their own pens, pencils, rubber, scale etc. This office will supply only answer books.

14. The candidates may be asked specifically that use of Mobile phone during the course of Written Examination is not allowed and as such bringing mobile phone in the Examination Hall is strictly prohibited.

Please acknowledge receipt of this communication.

DA/Annexure A, B & C.


(N. Vijaya Lakshmi)
for General Manager(P)
A Phy O-110

Copy for information and necessary action to: -

1. Secy/GM, Secy/AGM and PS-I/CPO
2. CHD/NR/HQ/Baroda House, New Delhi. It is requested that a certificate of having imparted Pre-selection coaching to the candidates belonging to reserved community, may be obtained from the respective offices and furnished to this office.
3. CVO/NR/HQ/Baroda House, New Delhi
4. APO(R)/HQ/Baroda House, New Delhi
5. SPO/Gaz/-II/NR/HQ/Baroda House, New Delhi

ANNEXURES of GM (P)/Northern Railway, Baroda House, New Delhi's letter No.752E/712-A. Phy. O-Pt.II/EiA dated 22.09.2014.

ANNEXURE 'A'

DECLARATION

I, _____ S/o Shri _____, working as _____ in the office of _____ and appearing at S. No. _____ in GM/P/NR/HQ letter No.752E/712-A. Phy. O-Pt.II/EiA dated 22.09.2014, have gone through the contents of the said letter dated 22.09.2014. I hereby submit my willingness/unwillingness (strike out which is not applicable) to appear in the selection for promotion from Group 'C' to Group 'B' to the post of Assistant Physiotherapy Officer scheduled to be held on 28.10.2014 in Northern Railway's Headquarters Office, Baroda House, New Delhi.

Dated _____

Signature

Name of the candidate

Designation/place of posting

ANNEXURE 'B'

IDENTITY SLIP



AFFIX RECENT
PHOTOGRAPH
HERE

Sh. _____ S/o Sh. _____ working as _____ and appearing at item No. _____ of General Manager/P/NR/Head.Qrs.Office, Baroda House, N. Delhi's letter No.752E/712-A. Phy. O-Pt.II/EiA dated 22.09.2014, whose specimen signatures are appended bellow, on submitting his/her willingness to appear in the present selection, is hereby directed to NR/Hd.Qrs.Office, Baroda House New Delhi to appear in the written test for selection to the Group 'B' post of Asstt. Physiotherapy Officer for the assessment period 01.04.13 to 31.03.15, scheduled to be held on 28.10.2014.

Date: -

(Specimen Signature of candidate)

Signature

Name & designation of office Incharge

Official stamp

Date :-

Syllabus for Assistant Physiotherapy Officer

Technical

1. Electrodiagnostic procedures including qualitative and quantitative tests of nerve conduction, electromyography, strength duration curve.
2. Electrotherapy – superficial and deep (Infrared rays, hotpacks, wax bath, short wave diathermy, microwave diathermy, ultrasonic therapy)
3. Mechanical spinal traction.
4. Neuro -muscular electrical stimulation
5. Physical therapy, exercises and massage
6. Basic Anatomy & Physiology of human body.
7. Physiotherapy in
 - a. Fractures;
 - b. Joint and muscle injuries;
 - c. Wounds, scars, burns, skin grafts, amputations;
 - d. Diseases of joints, synovial membrane, fibrous tissues, bones and muscles;
 - e. Diseases of nervous system including Motor neuron and Sensory neuron diseases; diseases of brain, spinal cord, peripheral nerves, neuritis, Neuralgia, cramps;
 - f. Deformities of spine, extremities;
 - g. Diseases of respiratory organs;
 - h. Diseases of heart, blood;
 - i. Metabolic and endocrine disorders;
 - j. Deficiency diseases;
 - k. Abdominal and pelvic conditions, antenatal and postnatal care;
 - l. Surgical conditions;
 - m. Psychiatric disorder;
 - n. Psychosomatic conditions;
 - o. Geriatrics;
 - p. Obesity;
 - q. Diseases of the skin;
 - r. Rheumatoid and degenerative diseases;
 - s. Special conditions like, Cervical spondylosis, Rheumatism, Prolapsed intervertebral disc, Ankylosing spondylitis, Frozen shoulder, Tennis elbow, Cerebral palsy, Flat foot, Myositis ossificans, Tenosynovitis
8. Basic knowledge of electrophysiology including chronaxy, strength duration curves, electromyography, nerve conduction studies.
9. Applied knowledge of Orthotics and Prosthetics.
10. Sports medicine.
11. Health Education.
12. General Health programmes including Family Welfare, Immunisation HIV/AIDS, First-Aid, etc.
13. Procurement of equipment, their maintenance, repair and condemnation.

Non-Professional

1. Establishment and Financial Rules