

Northern Railway

Headquarters Office,
Baroda House, New Delhi

No.139-Med/Misc/MRC

Dated: 23.06.2025

PCMD/NRCH/NDLS

Chief Medical Supdt.,
NRDH/EDH-DLI, MB, LKO, UMB, FZR & JUDW

Sub: Guidelines for referral of patients on Dialysis at NRCH.

A committee was constituted at NRCH/NDLS for formulating a policy on the subject of issuing referral to the patients for Dialysis.

Based on the Committee's report, PCMD/NR has approved following guidelines for referral of the CKD patients / ARF patients, requiring dialysis, which are railway beneficiaries and have presented to NRCH:

1. All subjects positive for one or more disease from amongst: HBsAg, HIV and Anti HCV, shall be referred to appropriate centre for dialysis as a dedicated machine for subjects infected with these infections is not available at NRCH.
2. Subjects residing 10 km or more away from NRCH will be given the option for referral to a railway empaneled hospital/dialysis centre near their place of residence. If the subject opts for a private hospital, the referral shall be issued. It is to be noticed that referral can only be made to a railway empaneled centre.
3. Very sick, fragile patients requiring treatment at an empanelled hospital for other diseases, dialysis (if required) shall be added to their treatment plan.
4. Patients who are referred for permacath insertion shall be given a referral for one or two dialysis also, to check the working and efficiency of permacath.
5. Patients living outside Delhi-NCR, should be referred to empanelled hospitals / dialysis centre for dialysis by respective Divisions.
6. While making a referral for dialysis, the already laid down, established, procedure is to be followed. This policy does not make any amendment in the procedure.

**Digitally Signed by Arun
Gupta**

Date: 23-06-2025 10:28:45

Reason: Approved

ACMD/MS/NR